

First Aid Kit List and re-ordering form – Re-order via Physio1to1

Guildford RFC Mini/Youth Section

Contents List / Order Form for First Aid Kits.

Age Group : Named first aider:	Number required
1 x Packs of 10 antiseptic wipes.	
2 x Triangular bandages.	
6 x Sterile gauze pads.	
2 x Dressing Pad.	
2 x Medium dressing.	
2 x Large Dressing.	
2 x Eye dressing No.16.	
1 x Pack adhesive waterproof dressings (plasters).	
1 x Ice bag (ice will be made available pitch side).	
4 x Pairs disposable gloves (large)	
1 x Roll 2.5 cm Micropore tape or similar.	
2 x Clinical waste bags.	
1 x Pair Tufcut scissors.	
2 x Foil blankets.	
2 x 150 ml sterile eyewash.	
1 x Crepe or Elastic Adhesive Bandage 7.5cm	
1 x Crepe or Elastic Adhesive Bandage 5cm	
1 x Guidance book	
1 x Laminated "999 call" card (see policy)	
1 x Concussion information card	
1 x Accident Report Form (see policy)	
1 x Contents list (this list)	

Email to GRFC@physio1to1.co.uk or hand to a member of Physio1to1 staff